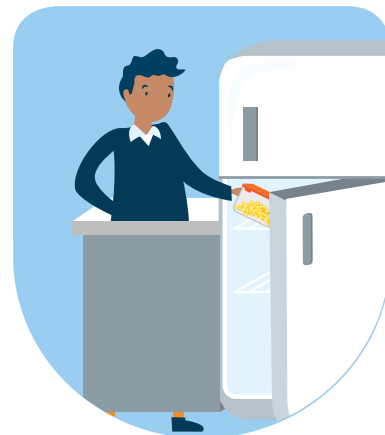


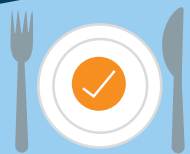
# TE WHAKAHOKI KAI KI TE KĀINGA MAI I TE KURA



I TŌ TAENGA ATU KI TE KĀINGA



ME KAI I ROTO I TE 24 HAORA  
O TE TAENGA ATU KI TE KĀINGA



ākuanei



āpōpō



ātahirā



## MĒNĀ ME TĀMAHANA TE KAI

1

WHAKAMAHA TE IPU TIKA



2



Kaurori i te wā  
e tāmahanatia  
ana



Kaurori i te haurua  
o te tāmahana

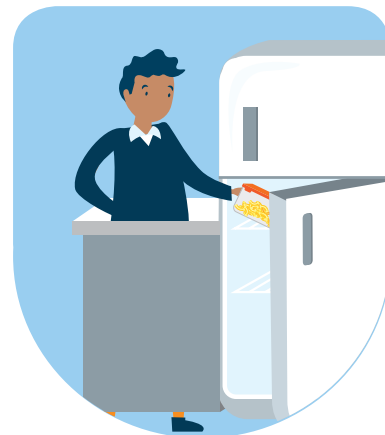
3



# TE WHAKAHOKI KAI KI TE KĀINGA MAI I TE KURA



I TŌ TAENGA ATU KI TE KĀINGA



ME KAI I ROTO I TE 24 HAORA  
O TE TAENGA ATU KI TE KĀINGA



i tēnei rā

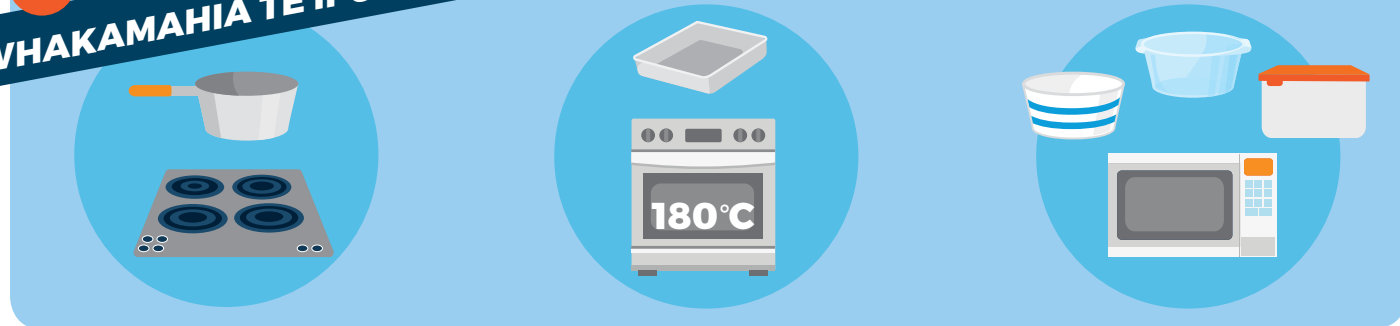
āpōpō

ātahirā



## MĒNĀ ME TĀMAHANA TE KAI

1  
WHAKAMAHA TE IPU TIKA



Kaurori i te wā  
e tāmahanatia  
ana



Kaurori i te haurua  
o te tāmahana



TĀMAHANATIA TE KAI KIA  
TINO  
WERA