Initiatives at a glance

Positive Behaviour for Learning programmes and initiatives help parents, whanau, teachers and schools address problem behaviour, improve children's wellbeing and increase educational achievement.
Whole-school change initiatives

**PB4L SCHOOL-WIDE**
A framework that schools can use to develop a social culture that supports learning and positive behaviour. PB4L School-Wide takes 3-5 years to put in place.

**HUAKINA MAI**
A whole-school, strengths-based approach to culture change. Huakina Mai enables whānau, community and iwi to build connections with schools and contribute to developing systems, a teaching practice framework, social skill lessons, and restorative practices for students and staff.

**PB4L RESTORATIVE PRACTICE**
An approach to building and maintaining respectful relationships across schools. The PB4L model of Restorative Practice includes training for all school staff, resource material and ongoing professional support.

**WELLBEING@SCHOOL**
This website is available to all schools. It contains student and staff surveys, reporting tools and strategies to help create safe, inclusive climates that deter bullying. www.wellbeingatschool.org.nz

Targeted group programmes

**INCREDIBLE YEARS PARENT**
This programme helps parents build positive relationships with their children and develop strategies to manage problem behaviour. It is for parents of children aged 3 to 8 years.

**INCREDIBLE YEARS TEACHER**
This programme gives teachers strategies to turn disruptive behaviour around and create more positive learning environments for students. It is for teachers of children aged 3 to 8 years.

**TE MANA TIKITIKI**
A programme that uses tikanga and te reo Māori to build social skills. The programme is run over 10 sessions with small groups of 8-12 year-old Māori students.

**MY FRIENDS YOUTH RESILIENCE PROGRAMME**
This programme is designed to build young people’s self-esteem and resilience by teaching them practical skills to cope with life challenges. The 10 sessions are provided as part of the Year 9 Health curriculum in participating schools.

Targeted individual programmes/services

**THE INTENSIVE WRAPAROUND SERVICE (IWS)**
Provides support for the small number of children and young people with highly complex and challenging behaviour, social or education needs, including those with an intellectual difficulty.

**CHECK AND CONNECT**
A long-term mentoring programme for students from Year 8 upwards at risk of disengaging from school. Mentors work with students and whānau to achieve education-related goals.

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* These initiatives are still in trial stage so may not be available in every area.
# These initiatives are part of the Prime Minister's Youth Mental Health Project.